

DURANGO NORDIC SKI CLUB

ATHLETE CODE OF CONDUCT

Durango Nordic Ski Club's (DNSC) member athletes are required to follow the rules set forth in the Rocky Mountain Nordic (RMN) Code of Conduct and the United States Ski Association (USSA) Code of Conduct. It is the responsibility of each athlete to obtain and learn the rules of the RMN and the USSA Codes of Conduct. In addition to the rules set forth in the RMN and USSA codes of conduct, every DNSC athlete, as a condition to being permitted to train with, race for, or otherwise participate in the Durango Nordic Ski Club, shall agree to adhere to the applicable Code of Conduct set forth below.

1. Athletes shall treat all coaches with Durango Nordic Ski Club, Rocky Mountain Nordic, and the United States Ski Association, and all team members, and all parents with proper respect and dignity. Athletes shall make a sincere effort to support the team and the shared goals of the team.
2. Athletes shall not engage in non-constructive criticism of the Rocky Mountain Nordic, Rocky Mountain Nordic coaches, the Durango Nordic Ski club, its coaches or their fellow team members
3. Athletes shall not use any illegal drugs, including any and all performance enhancing drugs as defined by the United States Anti Doping Agency (USADA), nor shall any athlete consume alcohol, or use any form of tobacco.
4. Athletes shall abstain from the use of profane or abusive language.
5. Athletes shall not engage in any manner of criminal activity.

Penalties for Athlete Violations

Minor infractions to the DNSC Code of Conduct shall be dealt with as follows:

1. First Offense - Verbal reprimand that in the coach's judgment is sufficient to warrant written notification to the athlete, to his or her parent, and to the DNSC Board President. A coach, at his or her discretion, may also suspend an athlete from a practice for any violation of the Code of Conduct that occurs during a practice.
2. Second Offense - Reprimand, written notification by DNSC Board President to athlete and parent stating the nature of offense, that a problem is developing, and the present and potential future consequences.
3. Third Offense - Athlete and parent will meet with the DNSC Board President and a Disciplinary Committee designated and assigned by the President of DNSC. The DNSC Board President will recommend the appropriate disciplinary action for the offense(s) that may include suspension or expulsion from the team.

Severe infractions involving an athlete's use of alcohol or drugs or involvement in any criminal activity will immediately go before the DNSC Board President and a Disciplinary Committee designated and assigned by the President of DNSC for consideration of suspension or expulsion from the team.

I have read the foregoing and understand that membership in DNSC is a privilege, not a right, and that each member has an obligation to all other members to support the DNSC in its mission to provide opportunities and support to develop individuals into a cohesive cross country ski team.

Term of the DNSC Code of Conduct is October 1, 2009 Through March 31, 2010. If a DNSC skier attends a ski camp outside of the term dates of this Code of Conduct and the athlete is representing DNSC, the DNSC Code of Conduct will be applicable.

Athlete Name _____ Athlete Signature _____ Date _____

Parent/Guardian Name _____ Signature _____ Date _____